

# **Adult Weight Management Service – proposed contract extension**

**REPORT TO** Corporate Director of Health and Adult Services (HAS) in consultation with Executive Member for Adult Services and Health Integration and the Executive Member for Public Health, Prevention and Supported Housing, including Sustainability and Transformation Plans.

## **DECISION DATE**

19 November 2021

## **SUPPORTING ANNEX**

This report includes a supporting Annex which contains exempt information as described in paragraphs 1, 3 and 5 of Part 1 of Schedule 12A to the Local Government Act 1972 (as amended).

## **PROPOSED RECOMMENDATION**

To agree an extension to the current Adult Weight Management Service for a further two years after the contract end date (30<sup>th</sup> June 2022 for 6 lots and 2<sup>nd</sup> July 2022 for Selby lot).

## **BACKGROUND TO SUPPORT THE RECOMMENDATION**

A North Yorkshire Adult Weight Management Service (tier 2) was formally procured with the Service launching in Selby in July 2017 and the remaining 6 lots (districts areas) in January 2018.

The contracted service incorporates a structured assessment process from referral; triaging clients to assess eligibility and readiness to change, and supporting clients to set and review weight loss plans and physical activity agreements with their weight management advisor at an initial health assessment, 12 week and 24 week assessments. Clients are supported to achieve a 5% weight loss at 12 weeks and sustain 5% weight loss at 24 weeks. The service provides weekly weigh-ins, structured nutritional advice and a free facilitated physical activity offer. Pre-pandemic, the service was exceeding NICE guidance estimates of client completion and weight loss achievements.

Over the 18 months, the Adult Weight Management Service has continued to evolve and respond during the pandemic. The service provides the highest flexibility, in accordance to individual circumstances, needs and within national guidance and tiered restrictions. The service offered in each locality is a hybrid of online, telephone, and some face-to-face support (dependent on current restrictions).

With an invested interest in managing obesity by the current Government, and local adult weight management pathways strengthening across the system with the new GP enhanced service specification, it is recommended that the North Yorkshire Adult Weight Management Service be extended for a minimum of two years (contract end dates 30<sup>th</sup> June 2024).

This service will be reviewed as part of Local Government Review process. The leisure provision and assets are significant in delivery of the Adult Weight Management Service. An extension of the Service will provide an opportunity to explore options for effective, sustainable

weight management support for our residents within new governance arrangements and opportunities explored about how they might be further integrated into the future council's leisure provision.

### **LEGAL AND GOVERNANCE COMPLIANCE**

Contract and Procurement Services and Legal and Democratic Services have been consulted on the contract extension. The contract will be extended under Regulation 72 (1) (e) of the Public Contract Regulations 2015.

### **RECOMMENDATION**

The Corporate Director Health and Adult Services is recommended to approve the extension of the Adult Weight Management Service for a further two years after the contract end date (30<sup>th</sup> June 2022 for 6 lots and 2<sup>nd</sup> July 2022 for Selby lot), in consultation with Executive Members. It is permitted in the contracts to enable the continuation of service in managing obesity by the current Government, and local adult weight management pathways strengthening across the system with the new GP enhanced service specification.

### **REPORT AUTHORS**

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### **DATE**

10 November 2021